

The First Antiphon (Psalm 102)

"Greek" chant (Kiev Obichod) ①

Bless the Lord, O my soul: bless-ed are Thou, O Lord. Bless the Lord, O my soul,

and all that is with-in me, bless His ho-ly name. Bless the Lord, O my soul,

and for-get not all that He hath done for thee. Who is gra-cious un-to all thine

in-i-qui-ties, Who heal-eth all thine in-fir-mi-ties, Who re-deem-eth thy life from

cor-ruption, Who erown-eth thee with mer-cy and com-pas-sion, Who ful-fill-eth thy de-sire,

with good things; thy youth shall be re-nued as the eag-les. The Lord per-form-eth